



Prices

2026



5-WEEK BLOCK PRICES (1 class per week)

Studio Classes: £65.00

MULTI-CLASS PRICE (8+ classes per block)

Studio Classes: £11.50 per class

DROP IN PRICE:

Studio Classes: £14.00

Terms and Conditions:

1. At least 24 hours' notice of cancellation by phone or text is required in order to be eligible for a 'catch up' session.
2. Catch up sessions are available only within the duration of that block and where a space is available.
3. No refunds will be given where non-attendance has occurred unless there are extenuating circumstances.
4. Late arrivals may be admitted to class at the teachers' discretion and where it is safe for the teacher to leave other clients. Clients who arrive late and are not admitted to class will not normally be awarded a refund or catch-up class, unless again there are extenuating circumstances.
5. TCY Pilates reserves the right to cancel or re-arrange classes and will always endeavour to give suitable notice of changes and offer reasonable alternatives.
6. TCY Pilates cannot accept responsibility for the loss or damage of clients' private property whilst at the premises.
7. TCY Pilates reserves the right to cancel a client's place if they are considered to behave inappropriately or aggressively towards staff or other clients.
8. By submitting a Client Enrolment Form and making a payment, clients are accepting the terms and conditions.
9. When participating in a Zoom Class, you accept the terms and conditions of the Disclaimer on the next page.
10. It is each individual's responsibility to inform their Pilates teacher of any changes to their health that could impact their ability to participate in class activities. This ensures that appropriate measures can be taken to safeguard their wellbeing and to adapt exercises as necessary.



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Terms and Conditions continued:

STANDARD DISCLAIMER FOR ONLINE CLASSES:

By taking part in an online Pilates class, you fully understand that your teacher is not able to offer any personal correction; you agree to take responsibility for your own body; you agree not to perform any exercises or movements that may cause you discomfort; and you confirm that you are fit and able to join the class. You must ensure that you are working in a safe environment and that you are able to clearly see and/or hear your teacher in order to follow instructions. It is your responsibility to let the teacher know before the class if anything affects your ability to exercise that day. By joining the class you automatically agree to waive all statutory rights against your teacher.